

# 2018 BLOCH EXECUTIVE SERIES

## Emotional Intelligence: *The Extraordinary Leader*

Wednesday, April 18 | 9AM – 4PM

### What You Will Learn

What makes a great leader? Research shows that high Emotional Intelligence (EQ) is the key. More than 90 percent of top performing leaders possess high EQ. Meanwhile, just 20 percent of bottom performers possess high EQ. The good news is that EQ skills can be developed throughout our careers.

Recent findings in neuroscience are showing how we can re-wire our brains to build EQ. Using a highly interactive format and self-assessments, this seminar will help leaders learn to identify and use their emotions more effectively. Participants will also learn how to become a finely attuned leader who recognizes emotions in others and uses this knowledge to build productive relationships.

During exercises, leaders will be able to practice proven techniques to re-wire their brains to build new, high EQ habits. Participants will build an action plan to apply the concepts when they return to work.

Once the brain is trained by repeatedly using new EQ strategies, EQ behaviors will become habit, propelling one to become an extraordinary leader.

### Key Topics

- Developing self-awareness
- “Tuning In” to build social intelligence
- The role “neuroplasticity” plays in building new EQ skills and new habits
- Six types of EQ leadership styles and when to use them
- How a leader’s EQ affects their team’s productivity

The material is based on the groundbreaking work of Daniel Goleman.

### Who Should Attend

This session is appropriate for all individuals wanting to develop an ability to effectively lead in personal and professional environments with an informed understanding of Emotional Intelligence.

### About the Instructor



**Joni Lindquist, MBA, CFP®** is an executive coach, financial planner and Principal at KHC Wealth Management. KHC assists corporate executives, attorneys, and their families in “Making Life Count!®” -- balancing living well today while planning for their future. After a 21-year career in corporate America -- including executive roles in strategic planning, marketing, sales and product management -- Joni made a career change to focus on helping others achieve their personal and professional goals. Joni helps her clients clarify goals, build plans, and then take action to progress towards their goals. She holds an MBA from The Ohio State University and a B.S.B.A. from Bowling Green State University. She is active in the Kansas City community, serving on several non-profit boards.

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at the UNIVERSITY OF MISSOURI-KANSAS CITY